

October Newsletter



Kiddie Academy of Edmond

Parent Reminders

Closed 10/12 for Teacher In-service Day.

Children may wear costumes on Oct. 30th
(Please understand that they may get dirty)

Oct 4-10
Fire Prevention Week

Oct. 10th
World Mental Health Day

Future Closure Dates

November 25th Close @3:00
November 26-27th Closed Thanksgiving

December 24-25th Closed Christmas

December 31-January 1st Closed New Years

Character Essentials

October: We Have Feelings Creating Character Moments

Focus on building trust with infants by watching their signals and responding to their needs in a timely manner. Look for nonverbal cues and listen to the child's sounds to distinguish the meaning of different cries, coos, and laughs.

Use calm and quiet tones when speaking to children. Speak to them often by narrating what is happening and commenting on how a child may be feeling. Be sure to identify the emotions by name.

Share books, pictures, and fingerplays that introduce children to many emotions. Reinforce that all of these emotions are normal, and everyone has these feelings from time to time. Frequently ask the children how they think characters in books that you read together are feeling.

Create an environment where children's feelings are accepted. Label the emotions and narrate strategies for coping with emotions; for example, You seem angry. Sometimes when I'm angry, I like to scribble really hard on a piece of paper. Do you want to try? Scribbling gets some of my frustration out and helps me feel calmer.

Just like adults, children need time alone to calm down and regroup. Create a cozy space in your home that includes soft cushions, blankets, stuffed animals, and your child's favorite books. Encourage your child to use this space when he or she is feeling overwhelmed or just wants some quiet time.

As you talk with your child, identify your own emotions. For example, turn to your child and say, "I am feeling tired." Make a tired facial expression so your child can connect the feeling with an action or image. Continue to make different facial expressions and have your child guess how you are feeling. This is a great way for your child to connect with family members and recognize how others in the family may be feeling.

Read books with your child, and discuss the



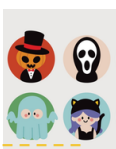
Character Essentials® Monthly Theme:

We Have Feelings

2026

OCT

KIDDIE 
ACADEMY
EDUCATIONAL CHILD CARE

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	International Coffee Day  HBD Ms. Savannah 	2 Wear Pink 	3
4 HBD Ms. Paige 	5 World Teacher Day   HBD Ms. Mackenzie 	6	7	8	9 Fall Festival 6:30pm 	10
11	12 Columbus Day CLOSED	13	14	15 Global Handwashing Day 	16	17
18	19	20	21 National Apple Day 	22 National Color Day! Wear your Favorite! 	23 Ms. Jordan 3 Years! 	24 HBD Ms. Carlie 
25 National Pumpkin Day Contest Begins  HBD Ms. Krystina 	26	27	28 Ms. Angela 1 Year! 	29	30 Wear your Halloween costume 	31 Halloween 

Fire Prevention Week!

Book Fair Week!

Pumpkin Contest Week!