

# Menu 4

## MENU

| MENU      | MONDAY                                                                                                           | TUESDAY                                                                                                                        | WEDNESDAY                                                                                                                  | THURSDAY                                                                                                             | FRIDAY                                                                                                                                                         |
|-----------|------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| BREAKFAST | <ul style="list-style-type: none"> <li>Oatmeal</li> <li>Mixed Berries</li> <li>Milk</li> </ul>                   | <ul style="list-style-type: none"> <li>Biscuit and Jelly</li> <li>Blueberries</li> <li>Milk</li> </ul>                         | <ul style="list-style-type: none"> <li>Waffles</li> <li>Sugar-free syrup</li> <li>Peaches</li> <li>Milk</li> </ul>         | <ul style="list-style-type: none"> <li>Yogurt</li> <li>Granola</li> <li>Bananas</li> <li>Milk</li> </ul>             | <ul style="list-style-type: none"> <li>Kix Cereal</li> <li>Mandarin Oranges</li> <li>Milk</li> </ul>                                                           |
| LUNCH     | <ul style="list-style-type: none"> <li>Cheese Lasagna</li> <li>Corn</li> <li>Watermelon</li> <li>Milk</li> </ul> | <ul style="list-style-type: none"> <li>Chicken Nuggets</li> <li>Sweet Potato Fries</li> <li>Pineapple</li> <li>Milk</li> </ul> | <ul style="list-style-type: none"> <li>Chicken Spaghetti</li> <li>Carrots and Peas</li> <li>Pears</li> <li>Milk</li> </ul> | <ul style="list-style-type: none"> <li>Chicken Lo-Mein</li> <li>Vegetables</li> <li>Oranges</li> <li>Milk</li> </ul> | <ul style="list-style-type: none"> <li>Chicken Sandwich w/Cheese</li> <li>Veggie Straws</li> <li>Cucumbers and Celery</li> <li>Apples</li> <li>Milk</li> </ul> |
| PM SNACK  | <ul style="list-style-type: none"> <li>Whole Grain Chips</li> <li>Nacho Cheese</li> <li>Water</li> </ul>         | <ul style="list-style-type: none"> <li>Teddy Grahams</li> <li>Milk</li> <li>Water</li> </ul>                                   | <ul style="list-style-type: none"> <li>Animal Crackers</li> <li>100% Juice</li> <li>Water</li> </ul>                       | <ul style="list-style-type: none"> <li>Apples</li> <li>Sunbutter</li> <li>Water</li> </ul>                           | <ul style="list-style-type: none"> <li>Ritz Crackers</li> <li>Cheese Cubes</li> <li>Water</li> </ul>                                                           |

## DIET RESTRICTION/ALLERGY MENU

| MENU      | MONDAY                                                                                                           | TUESDAY                                                                                                                      | WEDNESDAY                                                                                                                        | THURSDAY                                                                                                                   | FRIDAY                                                                                                                                                              |
|-----------|------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| BREAKFAST | <ul style="list-style-type: none"> <li>Oatmeal</li> <li>Mixed Berries</li> <li>Milk</li> </ul>                   | <ul style="list-style-type: none"> <li>Biscuit and Jelly</li> <li>Blueberries</li> <li>Milk</li> </ul>                       | <ul style="list-style-type: none"> <li>Waffles</li> <li>Sugar-free syrup</li> <li>Peaches</li> <li>Milk</li> </ul>               | <ul style="list-style-type: none"> <li>Yogurt</li> <li>Granola</li> <li>Bananas</li> <li>Milk</li> </ul>                   | <ul style="list-style-type: none"> <li>Kix Cereal</li> <li>Mandarin Oranges</li> <li>Milk</li> </ul>                                                                |
| LUNCH     | <ul style="list-style-type: none"> <li>Cheese Lasagna</li> <li>Corn</li> <li>Watermelon</li> <li>Milk</li> </ul> | <ul style="list-style-type: none"> <li>Vegan Nuggets</li> <li>Sweet Potato Fries</li> <li>Pineapple</li> <li>Milk</li> </ul> | <ul style="list-style-type: none"> <li>Vegan Chicken Spaghetti</li> <li>Carrots and Peas</li> <li>Pears</li> <li>Milk</li> </ul> | <ul style="list-style-type: none"> <li>Vegan Chicken Lo-Mein</li> <li>Vegetables</li> <li>Oranges</li> <li>Milk</li> </ul> | <ul style="list-style-type: none"> <li>Vegan Chicken Sandwich w/Cheese</li> <li>Veggie Straws</li> <li>Cucumber and Celery</li> <li>Apples</li> <li>Milk</li> </ul> |
| PM SNACK  | <ul style="list-style-type: none"> <li>Whole Grain Chips</li> <li>Nacho Cheese</li> <li>Water</li> </ul>         | <ul style="list-style-type: none"> <li>Teddy Grahams</li> <li>Milk</li> <li>Water</li> </ul>                                 | <ul style="list-style-type: none"> <li>Animal Crackers</li> <li>100% Juice</li> <li>Water</li> </ul>                             | <ul style="list-style-type: none"> <li>Apples</li> <li>Sunbutter</li> <li>Water</li> </ul>                                 | <ul style="list-style-type: none"> <li>Ritz Crackers</li> <li>Cheese Cubes</li> <li>Water</li> </ul>                                                                |