



MARCH · MENU



MONDAY 2

Breakfast: Bagels with Jelly & Cream Cheese, Fruit & Milk

Lunch: Breakfast for Lunch

Snack: Applesauce, Graham Crackers & Water

MONDAY 9

Breakfast: Egg & Cheese Wrap. Fruit & Milk

Lunch: Meatball Subs, Veggies & Milk

Snack: Cheese Itz, Fruit & Water

MONDAY 16

Breakfast: English Muffins, Jelly, Fruit & Milk

Lunch: Nacho Bowl with Cheese and Corn & Milk

Snack: Cookies, Fruit & Water

MONDAY 23

Breakfast: Cereal, Fruit & Milk

Lunch: Chili with Rice & Cheese, Pita Bread & Milk

Snack: Fig Bar, Fruit & Water

MONDAY 30

Breakfast: Cereal, Fruit & Milk

Lunch: Chicken Nuggets, Sweet Potato Fries, Veggies & Milk

Snack: Cheese & Crackers & Water

TUESDAY 3

Breakfast: Toast, Jelly, Fruit & Milk

Lunch: Pierogies, Veggies & Milk

Snack: Goldfish, Fruit & Water

TUESDAY 10

Breakfast: Waffles, Fruit & Milk

Lunch: Turkey & Cheese Sandwiches, Tomato Salad & Milk

Snack: Chef's Choice & Water

TUESDAY 17

Breakfast: Apple Cinnamon Oatmeal, Fruit & Milk

Lunch: Meatballs (*Chicken Meatballs*) & Cabbage, Corn Muffins & Milk

Snack: Green Jello, Fruit & Water

TUESDAY 24

Breakfast: Turkey Sausage, Tater Tots, Fruit & Milk

Lunch: Fish Sticks, Green Beans, Roll & Milk

Snack: Nondairy Banana Muffins, Fruit & Milk

TUESDAY 31

Breakfast: Toast with Jelly, Turkey Bacon, Fruit & Milk

Lunch: Mac & Cheese, Veggies & Milk

Snack: Cookies, Fruit & Water

WEDNESDAY 4

Breakfast: Nutri-Garin Bar, Fruit & Milk

Lunch: Deconstructed Chicken Parm with Broccoli & Milk

Snack: Cereal & Milk

WEDNESDAY 11

Breakfast: Cereal, Fruit & Milk

Lunch: Pasta with Green Sauce, Veggies & Milk

Snack: Green Cookies, Fruit & Water

WEDNESDAY 18

Breakfast: Cereal, Fruit & Milk

Lunch: Pasta with Red Sauce, Mixed Veggies & Milk

Snack: Strawberry Waffle Cookie, Fruit & Water

WEDNESDAY 25

Breakfast: Bagels with Jelly, Fruit & Milk

Lunch: Chicken & Waffles with Fruit & Milk

Snack: Cookies, Fruit & Water

THURSDAY 5

Breakfast: Oatmeal, Fruit & Milk

Lunch: Chicken & Cheese Quesadilla, Corn Salad & Milk

Snack: Thing 1 & Thing 2 Pretzel Sticks

THURSDAY 12

Breakfast: Yogurt, Graham Crackers, Fruit & Milk

Lunch: Chicken & Rice (*Veggie Option: Veggies & Rice*) & Milk

Snack: Apples, Cheese & Water

THURSDAY 19

Breakfast: Sausage & Cheese Wrap, Fruit & Milk

Lunch: Grilled Cheese, Tomato Soup & Milk

Snack: Mix & Match Snack & Water

THURSDAY 26

Breakfast: French Toast Sticks, Fruit & Milk

Lunch: Chef Choice & Milk

Snack: Wheat Thins, Fruit & Water

FRIDAY 6

Breakfast: Nondairy Blueberry Muffins, Fruit & Milk

Lunch: Pizza, Fruit & Milk

Snack: Cookies, Fruit & Water

FRIDAY 13

Breakfast: French Toast Sticks, Fruit & Milk

Lunch: Chicken Nuggets, Mixed Veggies, Roll & Milk

Snack: Chips & Sour Cream Dip & Water

FRIDAY 20

Breakfast: Pancakes, Fruit & Milk

Lunch: Make Your Own Pizza, Mixed Veggies & Milk

Snack: Chef's Choice & Water

FRIDAY 27

Breakfast: Yogurt, Graham Crackers, Fruit & Milk

Lunch: Pasta & Veggies in a Garlic Sauce & Milk

Snack: Pretzels, Fruit & Water

MENU IS SUBJECT TO CHANGE