

Menu 2026
Kiddie Academy of Secaucus
Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Blueberry Waffles Mixed Berries Milk	Special K Fruit & Yogurt Banana Milk	*Baked Bread Halved Grapes Milk	Mini Pancakes Apple Slices Milk	Scrambled Eggs w/ veggie/turkey Sausage Mixed fruit Milk
Vegetarian Lunch	Lentils		Veggie Nuggets		
Lunch	Buttered garlic & herb egg noodles Chicken sausage Peas Pear Slices Milk	Curry Basmati Rice Pilaf w/ beans Peas & Diced Carrots Honeydew Milk	Chicken Nuggets Tater Tots w/ketchup Green Beans Blueberries Milk	Toastie Cheese melt Tomato Bisque soup Orange slices Milk	Pizza Broccoli Cantaloupe Milk
PM Snack	Applesauce Vanilla Wafers Water	Assorted Rice Cakes Water	Hummus Cucumbers/ Carrots Water	Plantain Chips Water	Fruit Salad Water

Note:

Milk – Fat Free or 1% (non-flavored) for ages 2 and older

Fresh Fruit choices – oranges, bananas, sliced apples, sliced pears, melons, blueberries, strawberries, quartered grapes or mixed fruit

Bread – all breads, crackers and bagels, etc. offered as whole grain whenever possible

***All baked breads will be a variety of banana, cranberry, cinnamon swirl, & pumpkin.**

***The muffins will be a variety of corn and blueberry.**

Menu
Menu 2026
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Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toasted Croissant Mixed berries Milk	Cheerios Cantaloupe Milk	French toast sticks Orange slices Milk	Assorted Muffins Apple slices Milk	Bagels w/ cream cheese Pear slices Milk
Vegetarian Lunch		Veggie Patties	Cheese Quesadillas	Pinto Beans	
Lunch	Whole Wheat Pasta w/ basil, tomatoes & olive oil Orange slices Milk	Chicken Patties Sweet Potato Fries Apple slices Milk	Chicken Quesadillas Mixed Veggies Pear Slices Milk	Lemon Rice w/spinach Fish sticks Honeydew Milk	Mac & Cheese Baked carrots Mixed fruit Milk
PM Snack	Goldfish Water	Yogurt Parfait Water	Cheez Itz Water	Halved Grapes Crackers Water	Popcorners Water

Note:

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Fresh Fruit choices – oranges, bananas, sliced apples, sliced pears, melons, blueberries, strawberries, quartered grapes or mixed fruit

Bread – all breads, crackers and bagels, etc. offered as whole grain whenever possible

***All baked breads will be a variety of banana, cranberry, cinnamon swirl, & pumpkin.**

***The muffins will be a variety of corn and blueberry.**

Menu 2026
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Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Fresh Biscuits w/ apple butter Cantaloupe Milk	Waffles Pear slices Milk	*Baked Bread Blueberries Milk	Kix Cereal Apple Slices Milk	Boiled Eggs w/ sausage Mixed fruit Milk
Vegetarian Lunch	Veggie nuggets		Black Bean & Cheese Taquito	Falafel Balls	
Lunch	Spanish Rice Chicken nuggets Mixed Fruit Milk	Veggie Noodle soup Apple slices Milk	Chicken taquito Veggie Stirfry Cantaloupe Milk	Bowtie Pasta w/ turkey balls Pear slices Milk	Lentil Curry Rice Naan Honeydew melon Milk
PM Snack	Animal Crackers Water	Banana Raisins Water	Applesauce Graham Crackers Water	Teddy Grahams Water	Fruit Salad Water

Note:

Milk – Fat Free or 1% (non-flavored) for ages 2 and older

Fresh Fruit choices – oranges, bananas, sliced apples, sliced pears, melons, blueberries, strawberries, quartered grapes or mixed fruit

Bread – all breads, crackers and bagels, etc. offered as whole grain whenever possible

***All baked breads will be a variety of banana, cranberry, cinnamon swirl, & pumpkin.**

***The muffins will be a variety of corn and blueberry.**

Menu 2026
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Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon Swirl Toast w/butter Blueberries Milk	Mini Pancakes Apple slices Milk	French Toast Sticks Orange slices Milk	Chex Cereal Mixed fruit Milk	Assorted Muffins Honeydew Milk
Vegetarian Lunch	Veggie sticks			Veggie Dog	
Lunch	Roasted potatoes Fish sticks Orange slices Milk	Mini Ravioli Broccoli Cantaloupe Milk	Cilantro Rice Shelled edamame Pear Slices Milk	Chicken Dog sweet potato fries Honeydew Melon Milk	Mac & Cheese Green beans Apple slices Milk
PM Snack	Veggie Straws Water	Yogurt Parfait Water	Cheese Stick Crackers Water	Pirates Booty Water	Assorted Pudding Water

Note:

Milk – Fat Free or 1% (non-flavored) for ages 2 and older

Fresh Fruit choices – oranges, bananas, sliced apples, sliced pears, melons, blueberries, strawberries, quartered grapes or mixed fruit

Bread – all breads, crackers and bagels, etc. offered as whole grain whenever possible

***All baked breads will be a variety of banana, cranberry, cinnamon swirl, & pumpkin.**

***The muffins will be a variety of corn and blueberry.**