

Monthly Newsletter

March | 2026



Kiddie Academy of Edmond & NW OKC

430 E Covell Road, Edmond / 3100 NW 150th St, OKC

This month, the theme of our Character Essentials® curriculum is We Are Patient.

Parent Reminders

To help children get excited about learning patience, it can be helpful to find fun, creative ways to teach it at home. We've rounded up some tips below for you to consider:

Read Across America
Week

March 2nd - 6th

We want to invite parents
to come and read to their
child's classrooms!

Parent/Teacher
Conferences

**March 10th
6:15 - 8:00pm**

STEM Night
Fours Classroom

**March 13th
5:00 - 6:00pm**

Spring Break
March 16th - 20th

**KAE Sponsor of
Anna's Foundation 5k
8:30am OKC**

- Find simple ways to practice patience in your everyday routine. Things like taking turns during games, waiting for cookies to bake, and gardening are excellent ways to show your child the importance of patience. Use encouraging language such as, "Don't give up! You've got this," or "Stick with it!". This shows your support as your child faces a new challenge and reassures them that it's okay to take their time.

- Sing songs or play games with your child while they're waiting for something. For example, if your child is hungry and waiting for their lunch to heat up, fill the waiting time with something fun and enjoyable. This might include a game of Peek-a-Boo, singing your favorite song, or reading aloud.

- Try the "First/Then" technique. Time can be a difficult concept for younger children. When using the First/Then technique, you would say, "First, we are cleaning up our toys, and then we can go outside!" Breaking up the day into smaller chunks that children can more easily comprehend helps them develop patience.

It's important to remember that at this stage, children will persist with repetitive tasks and attempt to accomplish more challenging tasks even when they encounter difficulties. Young toddlers may still need guidance from adults to develop calming or self-soothing strategies, while older toddlers have more developed coping skills and demonstrate the beginning of impulse control.

Some books that can also be helpful when teaching patience include:

- "Are We Pears Yet?" by Miranda Paul
- "Cool Down and Work Through Anger" by Cheri Meiners
- "I'll Wait, Mr. Panda" by Steve Antony
- "If You Plant a Seed" by Kadir Nelson
- "My Day Is Ruined!" by Bryan Smith
- "Pete the Cat and His Four Groovy Buttons" by Eric Litwin
- "Waiting Is Not Easy!" by Mo Willems

To learn more, visit www.kiddieacademy.com.



SUN	MON	TUE	WED	THU	FRI	SAT
<p>1</p> <p>Theme: -Colors -Machines -Construction -How does it work -Cities & towns</p>	<p>2</p>  <p>Oh the places you'll go!</p> <p>Wear school shirt</p>	<p>3</p>  <p>Fox in Socks</p> <p>Cray Socks</p>	<p>It's Twin Day!</p> <p>4</p>  <p>Thing 1 Thing 2</p> <p>Twin Day!</p>	<p>5</p>  <p>Cat N' Hat</p> <p>Stripes / Hat Day</p>	<p>6</p>  <p>Sleep Book - Hop on Pop!</p> <p>Pj Day</p>	<p>7</p>  <p>Read Across America</p>
<p>8</p> <p>Theme: -Colors -Machines & Construction -How does it work</p> 	<p>9</p> <p>Happy 3rd Anniversary Ms. Lorri!</p>	<p>10</p>  <p>Must Sign up 6:15 - 8:00pm (No childcare provided)</p>	<p>11</p> <p>Happy Anniversary Ms. Grace!</p>	<p>12</p>	<p>13</p>  <p>5:00 - 6:00 pm</p> <p>March Madness</p> <p>Wear a college shirt</p>	<p>14</p> <p>OKC Stockyard St. Patty's Day Parade 10am</p>  <p>STOCKYARDS</p>
<p>15</p> <p>Theme: -Reading -Rhymes</p> <p>HBD Ms. Grace!</p> 	<p>16</p>  <p>Happy Anniversary Ms. Stacy & Ms. Bailey!</p>	<p>17</p> <p>Wear GREEN!</p> 	<p>18</p>  <p>HBD Ms. Bailey!</p>	<p>19</p> <p>HBD Ms. Mikki!</p> 	<p>20</p> <p>HBD Ms. Katie!</p>  <p>First day of spring!</p> <p>-Plants in lobby!</p>	<p>21</p>
<p>22</p> <p>Theme: -Reading -Rhymes -Characters -Authors</p>	<p>23</p>	<p>24</p> <p>Rhyming Day!</p> 	<p>25</p> <p>HBD Ms. Taylor!</p> 	<p>26</p> 	<p>27</p> <p>HBD Ms. Sarah!</p>  <p>Dress up as your fav book character!</p>	<p>28</p> <p>Anna's House Foundation 5k</p> 
<p>29</p> <p>Theme: -Bugs & Insects -Spring</p>	<p>30</p>	<p>31</p>	<p>1</p>	<p>2</p> 	<p>3</p> <p>Birthday Party 2:30pm</p> <p>Egg Hunts 3:00pm</p>	<p>4</p>  <p>Let's Three-esta</p> <p>Friday, April 3rd</p> <p>3</p> <p>KIDDIE ACADEMY EDUCATIONAL CHILD CARE</p>