

INFANT SCHEDULE

(Updated every 30-60 days as needed)

Child's Name: _____ Child's Age (in months): _____

Bottle Contents: Oz per bottle: _____oz Breast Milk (___) Formula (___): Formula Brand: _____ Mix of Both (___)

I typically consume bottles every _____ hours. Some tips to help me eat: _____

Bottles must be labeled with your child's name and the date. Bottles containing breast milk must have a "BM" indication on the label.

In addition to bottles, I also eat: Puree's from home* (___) Solids from home* (___) School menu** (___) 100% School Menu (___)

**If your child is bringing any food items from home, the package must be labeled with your child's name and the date.*

***You must circle the items your child is authorized to consume on a menu and provide that to the teachers. Copies can be found in the infant classroom or in the front office.*

Once your child is 100% on the school menu, you may omit the feeding portion of this schedule as they will be fed all items on the school menu on the school meal schedule as outlined on the back of this page.

Here is a draft of my typical feeding schedule throughout the day. *See examples on the reserve of this page.*

Feeding 1	Feeding 2	Feeding 3	Feeding 4	Feeding 5

I will typically nap every _____ hours for _____ (length of nap). Some tips to help me sleep: _____

I typically have my diaper changed every _____ hours. (Our standard is every 2 hours or when a bowl movement is noticed)

At home I like to: _____

At home I don't like to: _____

Languages spoken in the home: _____

Recent changes in routine or other important information that may help us care for your child? _____

Mark if the following are on file: (___) Allergy or Dietary Restriction (___) Medication in Office (___) Topical Ointment Form

Parent Signature: _____

Date: ____/____/____

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Daily Schedule Tips & Example:

Please use terms like:

Bottle (if your child has a different amount of oz depending on the time of day, please indicate that) and

Food from Home: If you need to specify oatmeal & fruit in the AM, meat & veggie in the PM, please indicate that as well.

School Food: No additional information needed; we will collect food from the kitchen for this meal that is on their approved list.

Please note that it is recommended to still send in a few extra solid containers each week just in case the school food item being offered is not on your child's list. If we cannot provide your child the school food item, we will supplement those with the solids provided from home and indicate that on your daily tadpoles reports.

Examples:

Bottle Only Schedule

Feeding 1 4oz Bottle @ 7:30am	Feeding 2 4oz Bottle @ 10:30am	Feeding 3 4oz Bottle @ 1:30pm	Feeding 4 4oz Bottle @ 4:30pm	Feeding 5 Puffs from home @ 5:45pm
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Bottle & Food from Home Schedule

Feeding 1 Puree from home @ 6:45am	Feeding 2 6oz bottle @ 8:45am	Feeding 3 Puree from home @ 11:00am	Feeding 4 6oz bottle @ 1:30pm	Feeding 5 Snack from home @ 3:30pm
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Bottle & School Menu Schedule

Feeding 1 6oz Bottle @ 6:30am	Feeding 2 School Breakfast @ 8:00am	Feeding 3 School Lunch @ 11:00am	Feeding 4 School Snack @ 2:00pm	Feeding 5 6oz Bottle @ 4:30pm
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As mentioned, once your child is 100% on the school menu, including off bottles and consuming whole milk as provided by the academy, you may omit the feeding portion of this schedule update.

Note that school food is provided at the following times with the following types of items:

Breakfast- 8:00am-8:30am (fruit, grain, sometimes meat, whole milk)

Lunch 11:00am-11:30pm (fruit, grain, veggie, protein, whole milk)

Snack 2:00pm-2:30pm (a combination of 2 fruit, grain, veggie, or protein)