



# KIDDIE ACADEMY.

## EDUCATIONAL CHILD CARE



# MENU

### Monday

#### Breakfast

8am Inf/Tod  
8:30am PreSch

Milk served with  
Breakfast

- Cinnamon Oatmeal
- Raisins



### Tuesday



- English Muffins
- Strawberries

### Wednesday

- Boiled Eggs
- Oranges



### Thursday

- Toast
- Avocado Spread



### Friday

- Yogurt and berries
- granola



#### Lunch

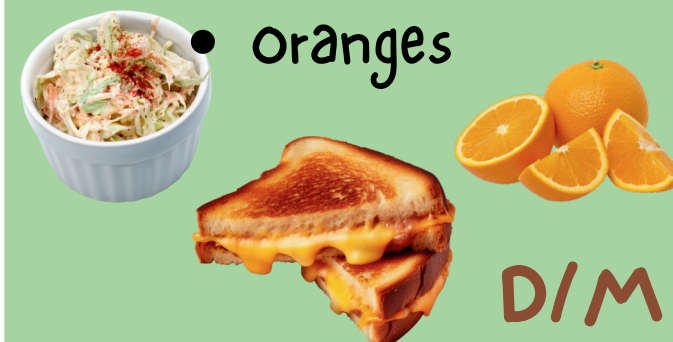
11am Inf/Tod  
11:30am PreSch

Milk served with  
Lunch

- Two Step Chicken w/ veggies
- Brown Rice
- Bananas



- Grilled Ham and Cheese on wheat
- Coleslaw Salad
- Oranges



- Ground Beef and Potatoe Stew
- Rice
- Pears



- Chicken Salad
- Cantaloupe
- Multi-Grain Crackers



- Turkey and Cheese Wraps
- Cucumbers
- Watermelon



#### Snack

2:45pm  
Water Served  
with Snack

- Cottage Cheese
- Multi-Grain Crackers



- "Ants on a log"  
Celery with Sunbutter and raisins



- Muffins
- Applesauce



- Seaweed
- String Cheese



- Bagels w/ cream cheese



#### PM Snacks

5:00pm  
Water served  
with PM Snack

- Special K Cereal Bar



- Garden Veggie Crackers



- Rice Cakes



- Trail Mix  
(without Nuts)



- Mixed Seed Crackers

D: DAIRY, M: MEAT, E:EGG, S:SEAFOOD