



October 2026



Monday	Tuesday	Wednesday	Thursday	Friday
			1 BF-Cinnamon Swirl Bread w/Butter & Pears Lunch-WG Cheese Pizza/Carrots/ Mixed Fruit PM-Wheat Crackers w/Cheese	2 BF-Pancakes w/Applesauce Lunch-Turkey & *Cheese Sandwich on WG Bread/Broccoli/Pineapple PM-WG Animal Crackers w/100% Juice
5 BF-French Toast w/Pears Lunch-Chicken Corn Dogs/ *Veggie Nuggets/ Peas/Fresh Apples PM-WG Cheez-Its w/100% Juice	6 BF-Yogurt w/WG Cheerios & Peaches Lunch-WG Grilled Cheese/Tomato Soup/Pineapple PM-Tortilla Chips & Salsa w/ 100% Juice	7 BF-Bagel w/Cream Cheese & Fresh Strawberries Lunch-Chicken, *Cheese, & WG Brown Rice/Broccoli/Mixed Fruit PM-Cheese & Ritz Crackers	8 BF-WG Cereal w/Bananas Lunch-BBQ Chicken/*Veggie Patty/ WG Bun/ Green Beans/Pears PM- Breadsticks w/Marinara & 100% Juice	9 BF-Mini Muffins w/Peaches Lunch-*WG Spaghetti w/Meatballs/ Mixed Vegetables/Mandarin Oranges PM-Cornbread w/100% Juice
12 Academy Closed 	13 BF- Cinnamon Swirl Bread w/Pineapple Lunch-WG Macaroni & Cheese/ Mixed Vegetables/Applesauce PM-Snack Mix w/ 100% Juice	14 BF-WG English Muffins w/Pears Lunch-Chicken & *Cheese Quesadilla/ Green Beans/Mixed Fruit PM-WG Goldfish w/Fresh Oranges	15 BF-Pancakes w/Applesauce Lunch-*WG Parmesan Pasta/ Meatballs/Carrots/Pineapple PM-WG Wheat Thins w/Cheese Slices	16 BF-Bagels w/Cream Cheese & Strawberries Lunch-Turkey Hotdog/*Veggie Nuggets/Bun/Broccoli/Pears PM-Yogurt Parfait w/WG Cheerios & Peaches
19 BF-Mini Muffins & Pineapple Lunch-Barbecue Chicken Sandwich /*Veggie Patty/WG Bun/ Peas/Pears PM-Soft Pretzels w/Cheese & 100% Juice	20 BF-French Toast w/Mixed Fruit Lunch-WG Cheese Pizza/Green Beans/Applesauce PM-WG Graham Crackers with Bananas	21 BF-Biscuits w/Jelly & Pears Lunch-Sloppy Joe/*Veggie Patty/WG Bun/Peas/Pineapple PM-Breadsticks w/Marinara & 100% Juice	22 BF-Egg Patty, WG Toast w/ Butter & Peaches Lunch-Cheese Ravioli/Beef Crumbles/Marinara/Carrots/ Mixed Fruit PM-Snack Mix & Orange Slices	23 BF-WG Cereal w/Bananas Lunch-WG Chicken Nuggets/ *Veggie Nuggets/Green Beans/ Applesauce PM-WG Goldfish w/100% Juice
26 BF-Pancakes w/Applesauce Lunch-*WG Spaghetti w/ Meatballs/Mixed Vegetables/Mandarin Oranges PM-Cornbread w/100% Juice	27 BF-WG English Muffins w/Peaches Lunch-WG Macaroni & Cheese/ Green Beans/Pineapple PM- Pretzels w/String Cheese	28 BF-French Toast w/Mixed Fruit w/Peaches Lunch-Cheeseburgers/ *Veggie Patty/WG Bun/Broccoli/Applesauce PM-Mini Muffins w/100% Juice	29 BF-Cinnamon Swirl Bread w/ Butter & Pears Lunch-WG Grilled Cheese/Peas/ Mixed Fruit PM-Yogurt Parfait w/WG Cheerios & Peaches	30 BF-WG Waffles w/Strawberries Lunch-Cheese Quesadillas/ Green Beans/Pears PM-WG Graham Crackers w/ Bananas

*Vegetarian Option. Menu is subject to change. Children under 2 will be given appropriate substitutions when necessary. Milk is served with breakfast and lunch.
1% Milk Fat: 2.5g/1 cup. Whole Milk Fat: 8g/1 cup. WG-Whole Grain