

Menu Plan
October 26 - October 30

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Yogurt <i>with Cereal</i> Milk	English Muffin Fruit Jam Fruit Milk	Whole Grain Cereal Fruit Milk	English Muffin Fruit Jam Fruit Milk	Whole Grain Cereal Fruit Milk
Lunch	Chicken Gravy And Rice Steamed Vegetables Milk	Chili Nachos <i>Chili Served Over Tortilla Chips Topped With Cheese Or Soft Tortillas</i> Baby Carrots Milk	English Muffin Cheese Pizza Fresh Fruit Green Salad Creamy Italian Dressing <i>Or Steamed Vegetables</i> Milk	Deli Sandwich/Wrap MultiGrain Crackers Sliced Cucumbers Milk	Miss Frida's Fantastic Alfredo Mac <i>Baked Pasta In White Sauce</i> Steamed Vegetables Fruit Milk
PM Snack	Graham Crackers Cheese Snack Water	Buttery Smooth Crackers Fruit Water	String Cheese Fruit Water	Hawaiian Roll Fruit Jam Water	Cheese Crackers <i>Or Graham Crackers</i> Fruit Water

Notes: Menu subject to change without notice
Menu offerings for Husky Pups, Spudders, Road Runners, and Penguins may differ from above
Age appropriate foods will be provided
Milk – Fat Free or 1% (non-flavored) for ages 2 and older
Fruit choices may include but not limited to – oranges, bananas, apples, dried, canned, or fresh
Bread and Pasta – Whole grain options will be used whenever possible