



May Menu

South Riding, VA

Monday	Tuesday	Wednesday	Thursday	Friday
				1 <i>Breakfast:</i> Biscuits & Gravy, Mixed Fruit <i>Lunch:</i> Pizza, Pineapple, Pepperoni, Corn <i>Snack:</i> Soft Pretzels, Nacho Cheese
4 <i>Breakfast:</i> Cereal, Peaches <i>Lunch:</i> Spaghetti & Meatballs, Broccoli, Pears <i>Snack:</i> Animal Crackers, Applesauce	5 <i>Breakfast:</i> French Toast, Strawberries <i>Lunch:</i> BBQ Chicken, Rice, Pineapple, Cucumbers <i>Snack:</i> Goldfish, Raisins	6 <i>Breakfast:</i> Bagels, Cream Cheese, Mixed Fruit <i>Lunch:</i> Turkey & Cheese Cracker Sandwich, Carrot Sticks, Watermelon <i>Snack:</i> Kitchen Sink Trail Mix	7 <i>Breakfast:</i> Croissants, Bananas <i>Lunch:</i> Chicken Nuggets, Mashed Potatoes, Mixed Veggies, Oranges <i>Snack:</i> Pepper strips, Pretzels	8 <i>Breakfast:</i> Egg Bites, Toast, Mixed Fruit <i>Lunch:</i> Turkey Tacos, Corn, Pineapple <i>Snack:</i> Chips & Salsa
11 <i>Breakfast:</i> Yogurt, Toast, Blueberries <i>Lunch:</i> Baked Beans, Mac & Cheese, Apple Slices, Cauliflower <i>Snack:</i> Oranges, Club Crackers	12 <i>Breakfast:</i> Cinnamon Buns, Apple Sauce <i>Lunch:</i> Hamburgers, Pickles, Fruit Cocktail <i>Snack:</i> Craisins, Cheez-Its	13 <i>Breakfast:</i> Potluck Breakfast <i>Lunch:</i> Broccoli Cheddar Soup, Oyster Crackers, Chicken, Peaches <i>Snack:</i> Cheese Cubes, Wheat Thins	14 <i>Breakfast:</i> Muffins, Bananas <i>Lunch:</i> Polynesian Meatballs, Egg Noodles, Peas, Pears <i>Snack:</i> Raisins, Goldfish	15 <i>Breakfast:</i> Chocolate Chip Pancakes, Peaches, Sausage Patty <i>Lunch:</i> Beans & Rice, Melon Bites, Green Beans <i>Snack:</i> Chocolate Chip Cookie
18 <i>Breakfast:</i> Croissants, Apple Butter, Banana <i>Lunch:</i> Chicken Noodle Soup, Mixed Veggies, Mixed Fruit <i>Snack:</i> Vanilla Wafers, 100% Juice	19 <i>Breakfast:</i> Cereal, Peach <i>Lunch:</i> Sunbutter & Jelly, Pretzels, Cucumbers, Apple Slices <i>Snack:</i> Chips & Salsa	20 <i>Breakfast:</i> English Muffin, Sausage, Pears <i>Lunch:</i> Chef's Medley <i>Snack:</i> Mozzarella Sticks, Marinara	21 <i>Breakfast:</i> Blueberry Muffins, Oranges <i>Lunch:</i> Chicken Nuggets, Sweet Potato, Carrots <i>Snack:</i> Graham Crackers, Sunbutter	22 <i>Breakfast:</i> Pancakes, Peaches <i>Lunch:</i> Pizza, Pineapple, Peas, Pepperoni <i>Snack:</i> Pretzels, Pears
25 Happy Memorial Day KASR Closed	26 <i>Breakfast:</i> Egg Bites, Toast, Mixed Fruit <i>Lunch:</i> Grilled Cheese, Tomato Soup, Cauliflower, Peach <i>Snack:</i> Chips & Queso	27 <i>Breakfast:</i> English Muffins, Apple Sauce, Apple Butter <i>Lunch:</i> Parmesan Pasta, Peas, Chicken, Pineapple <i>Snack:</i> Lemon Bars, Nilla Wafers	28 <i>Breakfast:</i> Cereal, Bananas <i>Lunch:</i> Cheeseburgers, Corn, Mixed Fruit <i>Snack:</i> Cheez-Its, Oranges	29 <i>Breakfast:</i> Yogurt, Toast, Strawberries <i>Lunch:</i> Swedish Meatballs, Rolls, Pears, Pepper strips <i>Snack:</i> String Cheese, Wheat Thins