

MEAL	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	3 Cereal	4 French Toast Sticks	5 Bagels w/ butter/cream cheese	6 Muffins	7 Eggs & Hash Browns
Lunch	Pasta w/sauce Meatballs	Chicken Tenders Broccoli	BBQ Chicken Cornbread & Carriots	BLT w/cheese Sandwich Smile Fries	Pizza Cucumbers
Veg Options	Green Beans Pasta	Veggie Nuggets	Black Beans	Cheese Sandwich	
PM Snack	Oatmeal Bars	Yogurt w/ granola	Goldfish	Cinnamon Crisps	Chef's Choice
AM Snack	10 Cereal	11 Waffles	12 Oatmeal	13 Pancakes	14 Egg Wrap
Lunch	Chicken Parm Broccoli	Cheeseburger Baked Fries	Chicken Nuggets Mixed Veggies	Chicken Stir-fry w/ Rice	Grilled Cheese Tomato Soup
Veg Options	Veggie Patty	Veggie Patty	Veggie Nuggets	Beans & Rice	
PM Snack	Graham Crackers	Pretzels	Yogurt w/ granola	Cheese & Crackers	Chef's Choice
AM Snack	17 Cereal	18 Sausage & Cheese Wrap	19 Bagels w/ butter/cream cheese	20 Eggs & Hash Browns	21 Muffins
Lunch	Meatball Slider Green Beans	Popcorn Chicken Carriots	Grilled Chicken Cheese Quesadilla Corn	Pasta w/Pink Sauce Broccoli	Turkey & Cheese Sandwich Tator Tots Cheese Sandwich
Veg Options	Veggie Nuggets	Veggie Nuggets	Cheese Quesadilla		
PM Snack	Oatmeal Bars	Goldfish	Yogurt w/ granola	Veggie Straws	Chef's Choice
AM Snack	24 Cereal	25 Waffles National waffle day! Grilled Chicken	26 French Toast Sticks	27 Oatmeal	28 Egg Wrap
Lunch	Chicken Patty Mixed Veggies	Tortilla Chips Lettuce & Tomato Shredded Cheese	BLT w/cheese Sandwich Smile Fries	Chicken Nuggets Corn	Mac N' Cheese Broccoli
Veg Options	Veggie Patty	Bean Taco	Cheese Sandwich	Veggie Nuggets	
PM Snack	Cheese & Crackers	Graham Crackers	Yogurt w/ granola	Pretzels	Chef's Choice
AM Snack	31 Cereal	1 Pancakes	2 Bagels w/ butter/cream cheese	3 Muffins	4 Eggs & Hash Browns
Lunch	Chicken Tenders Green Beans	Cheeseburger Baked Fries	Grilled Chicken Rice & Corn	Popcorn Chicken Broccoli	Pizza Cucumbers
Veg Options		Veggie Patty	Black Beans		
PM Snack	Oatmeal Bars	Goldfish	Yogurt w/ granola	Cinnamon Crisps	Chef's Choice

Morning Snack includes milk and fruit. Lunch includes milk.

Fruit: Bananas, Apples, Strawberries, Blueberries, Applesauce, Watermelon, Cantaloupe, Pineapple, Oranges, Honeydew