

Kiddie Academy of St Johns Menu

| Wk | Monday | Tuesday | Wednesday | Thursday | Friday | Qtr 2 2026 |
|----|--|---|--|---|--|---|
| 1 | AM Snack: Cereal w/ Seasonal Fruit Lunch: Creamy Chicken Pasta Seasonal Veggies Seasonal Fruit PM Snack: Cheese It w/ Seasonal Fruit | AM Snack: Banana Muffin Lunch: Taco Tuesday Cheese Quesadilla w/ Salsa Seasonal Veggies Seasonal Fruit PM Snack: Shortbread Cookies w/ Seasonal Fruit | AM Snack: Waffle w/ Seasonal Fruit Lunch: Hamburger Tater Tots Seasonal Fruit PM Snack: Animal Crackers w/ Fruit Juice | AM Snack: Cereal w/ Seasonal Fruit Lunch: Chicken Pot Pie w/ Rice Seasonal Fruit PM Snack: Ritz Crackers w/ Cheese | AM Snack: Biscuit w/ Fruit Spread Lunch: Grilled Cheese Seasonal Veggies Seasonal Fruit PM Snack: Chex Mix w/ Seasonal Fruit | APR 06 – Week 01 APR 13 – Week 02 APR 20 – Week 03 APR 27 – Week 04 MAY 04 – Week 01 MAY 11 – Week 02 MAY 18 – Week 03 MAY 25 – Week 04 JUN 01 – Week 01 JUN 08 – Week 02 JUN 15 – Week 03 JUN 22 – Week 04 JUN 29 – Week 01 |
| 2 | AM Snack: Cereal w/ Seasonal Fruit Lunch: Baked Mac-N-Cheese Seasonal Veggies Seasonal Fruit PM Snack: Cheese It w/ Seasonal Fruit | AM Snack: Blueberry Muffin Lunch: Taco Tuesday Black Beans and Rice w/ Roasted Chicken and Salsa Seasonal Fruit PM Snack: Shortbread Cookies w/ Seasonal Fruit | AM Snack: Pancakes w/ Seasonal Fruit Lunch: Mashed Potato Bowl w/ Turkey Gravy, Roasted Corn, and Popcorn Chicken Seasonal Fruit PM Snack: Graham Crackers w/ Fruit Juice | AM Snack: Cereal w/ Seasonal Fruit Lunch: Fish Sticks Seasonal Veggies Seasonal Fruit PM Snack: Ritz Crackers w/ Cheese | AM Snack: Biscuit w/ Fruit Spread Lunch: Roasted Chicken w/ Rice Pilaf Seasonal Fruit PM Snack: Chex Mix w/ Seasonal Fruit | |
| 3 | AM Snack: Cereal w/ Seasonal Fruit Lunch: Chicken Marinara Pasta Seasonal Veggies Seasonal Fruit PM Snack: Cheese It w/ Seasonal Fruit | AM Snack: Banana Muffin Lunch: Taco Tuesday Mini Chicken Tacos w/ Salsa Seasonal Veggies Seasonal Fruit PM Snack: Shortbread Cookies w/ Seasonal Fruit | AM Snack: Waffle w/ Seasonal Fruit Lunch: Hamburger Tater Tots Seasonal Fruit PM Snack: Animal Crackers w/ Fruit Juice | AM Snack: Cereal w/ Seasonal Fruit Lunch: Chicken Pot Pie w/ Rice Seasonal Fruit PM Snack: Ritz Crackers w/ Cheese | AM Snack: Biscuit w/ Fruit Spread Lunch: Pizza (Cheese / Turkey Sausage) Seasonal Veggies Seasonal Fruit PM Snack: Chex Mix w/ Seasonal Fruit | |
| 4 | AM Snack: Cereal w/ Seasonal Fruit Lunch: Baked Mac-N-Cheese w/ Roasted Chicken Seasonal Veggies Seasonal Fruit PM Snack: Cheese It w/ Seasonal Fruit | AM Snack: Blueberry Muffin Lunch: Taco Tuesday Chicken Nachos Salad w/ Salsa Black Beans Seasonal Fruit PM Snack: Shortbread Cookies w/ Seasonal Fruit | AM Snack: Pancakes w/ Seasonal Fruit Lunch: Chicken Patty Sliders Baked Beans Seasonal Fruit PM Snack: Graham Crackers w/ Fruit Juice | AM Snack: Cereal w/ Oranges Lunch: Fish Sticks Seasonal Veggies Seasonal Fruit PM Snack: Ritz Crackers w/ Cheese | AM Snack: Biscuit w/ Fruit Spread Lunch: Chicken Fried Rice Seasonal Fruit PM Snack: Chex Mix w/ Seasonal Fruit | |

Age appropriate and dietary substitutions will be made accordingly to meet the nutritional needs of students. Menu is subject to change as needed.

Milk is served with AM Snack & Lunch. Milk options: Whole & 2%. Water is available throughout the day and is served with PM Snack, except where noted – Juice is 100% fruit juice.

All breads and crackers are whole-grain. All cheeses are unprocessed and low fat. Yogurt is fat free or low fat.

Internal Notes:

The following items do NOT contain eggs:

Waffles, Biscuit, Graham Crackers, Baked Chicken Nuggets

The following items DO contain eggs:

French Toast, Pancakes, Breaded Chicken

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All breads and crackers are whole-grain. All cheeses are unprocessed and low fat. Yogurt is fat free or low fat.