

Kiddie Academy of Virginia Beach

Menu Plan for April 20th, 2026 through April 24th, 2026

	MONDAY - April 20th	TUESDAY - April 21st	WEDNESDAY - April 22nd	THURSDAY - April 23rd	FRIDAY - April 24th
AM SNACK	Whole-grain Pancakes, Warm Syrup, Milk	OLES Students at KA All Day Bagels with Butter, Milk	Whole-grain Cereal, Milk	Whole-grain Biscuits with 100% Strawberry Fruit Jam, Milk	Whole-grain Cereal, Milk
LUNCH	Whole-grain Chicken Nuggets, Seasoned Green Beans, Mandarin Oranges, Milk	Ham and Cheese Sliders on Hawaii Rolls, Veggie Straws, Diced Peaches, Milk	Whole-grain Cheese Quesadillas Black Beans & Corn, Diced Pears, Milk	Mac & Cheese with Elbow Pasta, Sweet Peas, Pineapple Tidbits, Milk	Pizza Roll-Ups on Whole-grain Tortillas, Yellow Corn, Fruit Salad, Milk
PM SNACK	Whole-grain Scooby Doo Crackers, Bananas, Water	Whole-grain Gold Fish Crackers, 100% Fruit Juice Box, Water	Whole-Grain Animal Crackers, Gogurt, Water	Whole-grain Large Gold Fish Grahams, Mandarin Oranges, Water	Whole-grain Granola Crispy Bites, 100% Apple Juice

All Juice is 100% fruit or vegetable juice/vitamin C fortified (No more than 4-6 oz per day).

Milk - must be unflavored whole milk for children age one. Milk - must be unflavored 1% for children ages two and older.

Whole-grain options will be used whenever possible.

Menu is subject to change for any reason.

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