



Academy Newsletter and Classroom Updates

January 2026

Kiddie Academy of Midlothian

Information and Reminders

Closed: 1/1 Have a Happy and Safe New Years!!

Kindness Week: 1/12-1/16

Monday: Kindness Chain

Tuesday: Kindness Cards

Wednesday: Goodie Bags

Thursday: Cards for our Military

Friday: Kindness Tree

Martin Luther King Jr. Day: 1/19

Staff Updates:

Welcome Mr. Miguel

Parent Classroom Info:

Life Essentials Themes- Five Senses, Winter, Art/Music, Reading is Everywhere, Ice Age Animals

Character Essentials- We Get Along: Acceptance, Forgiveness, Loyalty, Teamwork

Music & More- Big Brass Sounds, Clap, Stomp, Tap to the beat, Stay on Beat

Employee of the Month:

Congratulations Ms. Dona for being January employee of the month! She is always positive and comes to work with such a great attitude. Ms. Dona has been such a huge help in our 2A room and loving on these babies! Thank you for all that you do for KAM!

Birthdays:

Oaklyn, Anna, Logan A., Esra, Odin, Maddox, Dax, Salem, James, Benicio, Ms. Saba, Ms., Adeline, Ms. Oshyn

Referral Program

Refer a family member, coworker, friend and receive a tuition credit. See the office for more details!



Kiddie Academy of Midlothian

At Home Extension Learning

Infants

Crawl and Chase—Crawl through the living room, and encourage your child to chase you. Create “obstacles” with pillows and toys for them to navigate. Cheer them on to build confidence while developing their gross motor skills.

Tasty Color Exploration—While feeding your child, describe the food’s color, smell, and taste. You might say, “You are eating mashed bananas for lunch. Bananas are y-y-yellow! They smell sweet and taste yummy” or “The milk in your bottle is warm.” This experience helps to build on your child’s language development and sensory awareness skills.

Ball Roll—Practice rolling and catching with your child. Encourage them to explore a ball with their hands and mouth, and invite them to grab, reach, and crawl after it. This strengthens their fine motor skills and hand–eye coordination.

Toddlers

Clean Up, Clean Up!—Use position words while cleaning up with your child. Incorporate phrases such as, “Can you put your teddy bear in the basket?” or “Let’s put the cars next to the trains.” Demonstrate putting their toys away and reinforcing the language. “I put the car next to the train. Can you do the same?” This will develop your child’s receptive language as they begin to demonstrate an understanding of position words.

Let’s Go for a Walk—Tie a piece of ribbon to a stuffed animal to create a leash. Invite your child to take the animal for a walk around your home. Encourage them to move in different directions, around pieces of furniture, or to walk backward. As they take their toy for a walk, talk about the importance of exercise. This experience helps develop motor skills and their imagination.



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At Home Extension Learning

2s

Read Penguin and Pinecone by Salina Yoon with your child. Pause as you read the story to discuss the ways the penguin took care of the pinecone. Ask your child questions throughout the story about the importance of being a loyal friend. Identify scenarios throughout the book that show ways the penguin and pinecone were loyal to one another. Explain how they cared for one another even though they were very different from one another.

Have your child explore different objects around them using all 5 senses. Talk about what they see, smell, hear, feel and taste (when appropriate). Let them know what you also hear, smell, see, feel and taste as well, then compare your child's experience with these objects and yours.

Preschool/PreK

Model forgiveness with family members. When children see adults modeling forgiveness, they learn that it is okay to forgive and move on from conflict. Demonstrate for your child that you feel better when you forgive others.

Attend activities together as a family. Bring siblings to each other's events such as sports games or dance recitals. This will offer an opportunity to show support for one another and be involved in each other's lives.

Help your children practice their writing skills by having them write what they see in the kitchen