



## Toddler / Preschool Menu

### Week 1

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Bagel with cream cheese ¼ cup fruit Milk	Hash browns ¼ cup fruit Milk	Sweet potato pancake ¼ cup fruit Milk	Scrambled eggs Toast ¼ cup fruit Milk	French toast ¼ cup fruit Milk
<b>Lunch</b>	Meatball <b>Lentil</b> With Penne Pasta 1/4 cup Veggie ¼ cup fruit Milk	Butter rice with chicken & corn <b>Butter rice with tofu &amp; corn</b> ¼ cup veggies ¼ cup fruit Milk	Turkey quesadilla <b>Red lentil quesadilla</b> 1/4 cup veggies ¼ cup fruit Milk	Indian butter-style Chicken ( <b>Lentil</b> ) Rice Bake with pea ¼ cup veggies ¼ cup fruit Milk	<b>Cheese pizza</b> ¼ cup veggies ¼ cup fruit Milk
<b>PM Snack</b>	Garlic bread sticks with tomato dip <b>(Cheerios)</b> ¼ cup fruit	Avocado lettuce wrap <b>(Rice Krispies)</b> ¼ cup fruit	Banana mini muffins <b>(Banana and multigrain cheerios)</b>	Cucumber tea sandwiches <b>(Brown rice crisps)</b> ¼ cup fruit	Cheese toast triangle ¼ cup fruit

NOTE:

- Organic 1% milk is served for children 2 years old and up
- Eggs, fresh fruits, vegetables are organic if possible
- Vegetarian options are in green
- Blue options are for Panda children who can have school food