

Dear Kiddie Academy families,

Reap the rewards of gardening with children

Help children plant a garden, and harvest their appreciation for the wonders of our natural world. From the first stage of seed selection, on through planting and tending to the garden, children develop a sense of pride and responsibility. They may also learn about math, writing, reading and science - with your help!



Whether you're a parent or early childhood professional, take children to libraries and local greenhouses to find out what to plant and how to take care of it. Or have children ask family friends and neighbors about their gardening experiences. One discovery will lead to another. You don't necessarily need a green thumb to reap the rewards!

Gardening is a great activity for learning, whether you're in an urban or rural area. It's also a good way to involve parents

Happy Birthday!

Mercer M. 3/5

Drew C. 3/6

Nyra A. 3/10

Andrew M. 3/11

Ms. Sarah 3/11

Addison D. 3/12

Rohan V. 3/15

Nishka Y. 3/15

Maggie H. 3/20

Darian M. 3/22

Emma J. 3/24

Leah S. 3/25

The power of hand washing

Kids don't always listen when parents tell them to wash their hands before eating, after using the bathroom, or when they come inside from playing. But it's a message worth repeating — hand washing is by far the best way to prevent germs from spreading and to keep kids from getting sick.

Not only does hand washing improve your health, it also saves your family time and money. By reducing illness in your family, you can increase productivity due to less time spent at the doctor's office and more time spent in work and school.

Parents can do their part to kill germs and still have fun. Here are a few ways to teach your kids how and when to wash their hands:

- There's an app for just about everything, including hand washing! Apps like [Ella's hand washing adventure](#) teach children how, when and why to wash their hands in a fun and pedagogical way.
- Who doesn't love a dance party? Moving to the beat and keeping clean can go hand in hand. Pump it up with some fun [videos](#) to get your kids motivated.
- Kids love reading so make hand washing a fun and regular routine by downloading engaging [books and posters](#).
- Using [charts](#) at home can be a helpful reminder for hand washing. [Step by step](#) procedures with photos can aid little ones when getting started.

Don't underestimate the power of hand washing! The health of children - and the development of healthy habits - is a top priority at Kiddie Academy. We help children learn to stay healthy by including safety and hygiene awareness into their daily living skills.

For more information visit www.kiddieacademy.com.

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KIDDIE
ACADEMY.
EDUCATIONAL CHILD CARE

Character Education

Responsibility :

Responsibility means to take on ownership of a task and see it through to completion. It also includes a measure of accountability, meaning that one takes ownership of ones decisions and actions. Being a responsible person means that people can rely on you to get the job done; that you can handle the task and take appropriate steps to get things accomplished. Responsibility Everyday Young children have the opportunity to take responsibility throughout the day. Many daily routines require a child to be responsible. Adults should identify a few specific things at a time to focus on until the children become competent at those tasks and are ready for new challenges.

March Special Events

Friday 2/3 **wear Blue**

Friday 2/10 **PNO Parent's Night Out!**

Friday 2/17 St. Patrick's Day **Wear Green**

Tuesday 2/28 **Hearing and Vision Screening for 3's & 4's**



Photos
of the Month



Parent Reminders –

Weekly Tuition is due Wednesday

Monthly Tuition is due Thursday of the month end

Please make sure your child has a change of clothes in case of a spill or potty accidents

All bottles and sippy cups must be labeled with your child's first and last name per State.