

KIDDIE ACADEMY
EDUCATIONAL CHILD CARE
August 2018

August 6-10	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Grain Cereal, Fresh or Chilled Fruit and Organic Milk	Buttermilk Pancakes w/ Maple Syrup, Fresh or Chilled Fruit and Organic Milk	Whole Wheat Mini-Bagels w/ Cream Cheese, Fresh or Chilled Fruit and Organic Milk	Apple Cinnamon Oatmeal and Organic Milk	Warm Peach Muffins and Organic Milk
Lunch	Whole Grain Breaded Cod, Seasoned Mixed Veggies, Fresh or Chilled Fruit and Organic Milk	Homemade Pimento Cheese Sandwich, Steamed Carrots, Fresh or Chilled Fruit and Organic Milk	Chicken Spaghetti Parmesan, Fresh Tossed Salad w/ Zest Ranch, Fresh or Chilled Fruit and Organic Milk	Turkey & Cheese Subs, Green Beans w/ Fresh or Chilled Fruit and Organic Milk	Baked Chicken Nuggets, Steamed Broccoli w/ Cheese , Fresh of Chilled Fruit and Organic Milk
PM Snack	Fresh Cut Melon Cubes, Saltine Crackers and Water	Fruit & Yogurt Parfait Cup and Water	Fresh Sliced Oranges w/ Vanilla Wafers and Water	Wheat Crackers w/ String Cheese and Water	Fresh Sliced Cucumbers w/ Zesty Ranch Dip and Water
Veggie Alt.	Crispy Vegetarian Egg Roll	Homemade Pimento Cheese Sandwich	Meatless Spaghetti Parmesan	Cheese Sandwich	Baked Vegetarian Nuggets
August 13-17	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Grain Cereal, Fresh or Chilled Fruit and Organic Milk	French Toast Sticks w/ Maple Syrup, Fruit and Organic Milk	Apple Cinnamon Oatmeal w/ Organic Milk	Cheese Toast, Fresh or Chilled Fruit and Organic Milk	Warm Banana Muffins and Organic Milk
Lunch	Baked Macaroni & Cheese, Cut Green Beans, Fruit and Organic Milk	Whole Grain Breaded Cod, Seasoned Mixed Veggies, Fruit and Organic Milk	Homemade Pimento Cheese Sandwich, Steamed Carrots, Fruit and Organic Milk	Creamy Chicken Alfredo, Fresh Tossed Salad w/ Zesty Ranch, Fruit and Organic Milk	Hearty Beanie Weenies w/ Turkey Franks, Sweet Peas, Fresh or Chilled Fruit and Organic Milk
PM Snack	Fresh Sliced Apples, Saltine Crackers and Water	Graham Crackers w/ Cream Cheese and Water	Classic Hummus, Pretzel Crisps and Water	Whole Wheat Roll w/ Fruit Preserves and Water	Fresh Baby Carrots w/ Zesty Ranch Dip and Water
Veggie Alt.	Baked Macaroni and Cheese	Baked Vegetarian Nuggets	Homemade Pimento Cheese Sandwich	Creamy Fettuccini Alfredo	Vegetarian Beans
August 20-24	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Grain Cereal, Fresh or Chilled Fruit and Organic Milk	Waffle Battered Chicken Bites w/ Maple Syrup, Fresh or Chilled Fruit and Organic Milk	Whole Wheat Mini-Bagels w/ Cream Cheese, Fresh or Chilled Fruit and Organic Milk	Buttermilk Pancakes w/ Maple Syrup, Fresh or Chilled Fruit and Organic Milk	Warm Apple Cinnamon Muffins and Organic Milk
Lunch	Baked Chicken Nuggets, Fresh Broccoli Florets w/ Zesty Ranch Dip, Fresh of Chilled Fruit and Organic Milk	Italian Turkey Meatball Sub, Fresh or Chilled Fruit, Steamed Spinach and Organic Milk	Cool Tuna Noodle Casserole, Cut Green Beans w/ Fruit and Organic Milk	Veggie Refried Bean & Cheese Burrito, Sweet Corn, Fresh or Chilled Fruit and Organic Milk	Chef's Choice, Seasoned Mixed Veggies, Fresh or Chilled Fruit and Organic Milk
PM Snack	Wheat Crackers w/ String Cheese and Water	Fruit & Yogurt Parfait Cup and Water	Fresh Sliced Oranges and Vanilla Wafers w/ Water	Tostitos w/ Chunky Salsa and Water	Fresh Cut Melon Cubes, Saltine Crackers and Water
Veggie Alt.	Baked Vegetarian Nuggets	B: Toasted Waffle Square L: Vegetarian Burger Patty	Crispy Vegetarian Egg Roll	Veggie Refried Bean & Cheese Burrito	Vegetarian Burger Patty
August 27-August 31	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Grain Cereal, Fresh or Chilled Fruit and Organic Milk	Savory Turkey Sausage Breakfast Sandwich, w/ Cheese Fresh or Chilled Fruit and Organic Milk	Maple Brown Sugar Oatmeal Fresh or Chilled Fruit and Organic Milk	Toasted Waffle Square w/ Maple Syrup, Fresh or Chilled Fruit and Organic Milk	Warm Blueberry Muffins and Organic Milk
Lunch	Whole Wheat Cheese Pizza, Steamed Carrots, Fruit and Organic Milk	Homemade Chicken Salad Wrap, Sweet Peas, Fruit and Organic Milk	Cheesy Ravioli Primavera, Cut Fresh Tossed Salad w/ Zesty Ranch, Fruit and Organic Milk	Oriental Chicken Fried Rice w/ Seasoned Mixed Veggies, Fruit and Organic Milk	Turkey Hotdog on a Whole Wheat Bun, Steamed Broccoli and Cheese, Fruit and Organic Milk
PM Snack	Caramel Flavored Rice Crisps, Fancy Applesauce and Water	Vanilla Wafers and Organic Milk	Fresh Banana, Goldfish Baked Cheese Crackers and Water	Graham Crackers w/ Cream Cheese and Water	Whole Wheat Roll w/ Fruit Preserves and Water
Veggie Alt.	Whole Wheat Cheese Pizza	Baked Vegetarian Nuggets	Cheesy Ravioli Primavera	B: Waffles w/ Syrup L: Veggie Fried Rice	Crispy Vegetarian Egg Roll
September 3-September 7	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	CENTER CLOSED FOR LABOR DAY	French Toast Sticks w/ Maple Syrup, Fresh or Chilled Fruit Organic and Milk	Granola, Yogurt and Fruit Cup w/ Water	Cheese Toast w/ Fresh or Chilled Fruit and Organic Milk	Warm Muffins and Organic Milk
Lunch	CENTER CLOSED FOR LABOR DAY	Chicken and Cheese Quesadillas, Sweet Yellow Corn, Fresh or Chilled Fruit and Organic Milk	Summer Spaghetti with Fresh Diced Veggies, Fresh or Chilled Fruit and Organic Milk	Tuna Melt Sandwich, Cut Green Beans, Fresh or Chilled Fruit and Organic Milk	Chef's Choice, Seasoned Mixed Veggies, Fresh or Chilled Fruit and Organic Milk
PM Snack	CENTER CLOSED FOR LABOR DAY	Tostitos w/ Chunky Salsa and Water	Homemade Bruschetta Bites and Water	Fresh Sliced Apples, Ritz Crackers and Water	Fresh Sliced Cucumbers w/ Zesty Ranch Dip and Water
Veggie Alt.	CENTER CLOSED FOR LABOR DAY	Three Cheese Quesadilla	Summer Spaghetti w/ Veggies	Baked Vegetarian Nuggets	Chef's Vegetarian Choice

Fresh or Chilled Fruits Include: Apples, Applesauce, Bananas, Cantaloupe, Honey Dew Melon, Mandarin Oranges, Orange Wedges, Peaches, Pears, Pineapple and Watermelon

*Age appropriate substitution for children ages 2 and under will be made

THIS MENU DOES NOT CONTAIN PEANUT OR NUT PRODUCTS

Menu Subject to Change