

KIDDIE ACADEMY®

EDUCATIONAL CHILD CARE

September Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Biscuit w/ Gravy Sheppard's Pie / Veggies / Fruit Hummus w/ Pita	1 Cereal / Fruit Lasagna Pasta / Salad w/ Ranch Dressing / Fruit Chips & Salsa <i>sub Goldfish for Infants & Toddlers</i>	2 Biscuit w/ Gravy Turkey & Cheese Roll Ups/ Veggies / Fruit Animal Crackers	3 Waffles/Pancakes w/ Syrup Veggie Burger w/ Cheese, Ketchup / Fruit Rice Krispy Treat / Fruit	4 Cereal / Fruit BBQ Chicken / Roll / Veggie / Fruit Graham Crackers w/ Yogurt
	8 Waffle w/ Syrup Turkey & Cheese Sandwich / Veggie / Fruit Cheese & Butter Crackers	9 English Muffin w/ Fruit Jelly Cheese Quesadilla / Salsa / Veggies / Fruit Animal Crackers	10 Cereal / Milk Beef Stroganoff / Veggie / Fruit Goldfish	11 Bagel w/ Cream Cheese Sunbutter and Jelly Sandwich / Veggies / Fruit Cheeze Its
14 Cereal / Fruit Chicken Patty Sandwich, Ketchup / Veggies / Fruit Graham Crackers & Applesauce	15 Blueberry Muffins Macaroni & Cheese / Green Beans / Fruit Pretzels	16 Biscuits w/ Fruit Jelly Pancakes / Turkey Sausage / Applesauce / Fruit Chips & Salsa <i>Sub Goldfish for Inf & Toddlers</i>	17 Fruit & Grain Bar / Fruit Grilled Cheese Sandwich Veggies / Fruit Nilla Wafers	18 Waffles w/ Syrup Creamy Chicken & Rice Bake / Veggies / Fruit Graham Crackers w/ Pudding
21 Blueberry Muffins Chicken & Cheese Taco / Mexi Rice / Fruit Cheese & Butter Crackers	22 Pancakes w/ Syrup Pasta w/ Alfredo Sauce Tossed Salad w/ Ranch Dressing / Fruit Sunbutter & Butter Crackers	23 Waffle w/ Syrup Cheese Ravioli w/ Marinara / Veggies / Fruit Animal Crackers	24 Cereal / Fruit Chicken Nuggets w/ BBQ / Veggies / Fruit Goldfish	25 Bagel w/ Cream Cheese Ham & Cheese Sub / Tossed Salad w/ Ranch Dressing / Fruit Cheez Its
28 English Muffin w/ Fruit Jelly Sunbutter & Jelly Sandwiches / Veggies / Fruit Graham Crackers w/ Applesauce	29 Bagel w/ Cream Cheese Beef & Cheese Nachos w/ Tomatoes / Fruit Pretzels	30 Biscuit w/ Gravy Lasagna Pasta / Tossed Salad w/ Ranch Dressing / Fruit Chips & Salsa <i>sub Goldfish for Infants & Toddlers</i>		

***Notes:** AM Snack and Lunch Served with Milk.
 request
 Milks Offered: Whole / 1% / Oat / Lactaid and Soy

Vegetarian Options available upon